

# Interested in joining Athletics at Milpitas High School?

Both Physical forms and the signed confirmation clearance letter must be submitted for clearance to be processed.

The system will maintain your records so that when clearing for additional sports or in future years, you will only be required to update information. You can maintain multiple students with the same account.

## Online Clearance Portion

Online clearance must be completed for each sport you intend to participate in this year.

Step 1: go to [homecampus.com](http://homecampus.com)

Step 2: Create an account if new or log-in to an existing account

Step 3: Complete the Log-in Process and enter all the required information

Step 4: Complete the Online Forms (read/download)

Step 5: Complete the ONLINE Signature Agreement

Step 6: Print and sign the Confirmation/Consent Form. Print from the site or from the email that is sent to your registered email address.

Step 7: Submit the signed Confirmation Form and Current Physical (each school year NOT calendar year) of 2 pages front and back or 4 pages single sided

## Physical Form

Sports Physicals are required annually and must be valid the entire school year. Physicals may be completed by a licensed physician, nurse practitioner, or chiropractor.

Step 1: Download the form-[click here](#)

Step 2: Complete the History Form prior to the physician's visit. **Be sure to keep a copy of the history form to submit to the Athletic Department.** We do not have a trainer on staff and need the history form for reference DESPITE what it says on the form.

Step 3: Have the physician complete the Pre-participation physical evaluation form

Step 4: Make a copy of the form to keep for your records

Step 5: Staple all the papers with the clearance confirmation on the top. Bring a copy of the current physical form, **the History form** and the signed clearance confirmation form to the AD office, P-12. There is a lock box outside the P-12 door for drop off outside of school hours.

## Student Insurance

Step 1: Log on to [www.studentinsuranceusa.com](http://www.studentinsuranceusa.com)

Step 2: Click on Student Insurance Tab

Step 3: Click on K-12 Students

Step 4: Click on K-12 Online Enrollment

Step 5: Select State and click on “look up”

Step 6: Click on link to display plan details

## Frequently Asked Questions:

**Q: Do I have to use my parent’s email address or may I use the school student email address?**

A: Either, we do not restrict which email address the account holder uses which is why we require the confirmation form with wet signatures.

**Q: Do I need to submit the confirmation form more than once if multiple sports are listed on the page?**

A: No. One confirmation form with all the sports printed at the top is acceptable.

**Q: How will I know if I am cleared to try out?**

A: You will receive a confirmation email from homecampus stating you are “practice only” and then the necessary steps that you will need to complete once you have made the team roster. You may log into your account to check your status.

**Q: How do I become cleared for the roster and to play in a game?**

A: Submit the Fair Share Donation Form per sport and attend the Guardian & Student Athlete Meeting 1x per year.

**Q: Do I have to purchase student insurance?**

A: If you have personal insurance, then no, you will not need to purchase student insurance. If you do not have a personal policy, you will need to purchase insurance.

**Q: If I have any more questions, do I ask the Athletic Director or the Coach?**

A: Any clearance questions can be directed to both the AD and Coach, sport specific questions should be directed to the Coach.